

Life Transformation Groups

1. **Meet once a week for approximately 1 hour**
2. **Groups of only 2 - 4 (When 4 or 5 break into 2 groups)**
3. **The groups are not co-ed.**
4. **There is no curriculum**
5. **There is no leader, only a facilitator (take turns)**
6. **They read Scripture: 1 chapter a week, 5 Xs**
The group moves on to the next chapter when everyone has completed the assigned reading in the same week.
7. **They ask accountability questions**

MEN'S ACCOUNTABILITY QUESTIONS FOR PERSONAL INTEGRITY

"A man who is not in a group with other men is an accident waiting to happen." Dr. Howard Hendricks

These *Accountability Questions* are to be asked of one another in a weekly meeting of accountability which values honesty, confidentiality and integrity (Prov 27:17; James 5:16; Gal 6:1-5). These questions are only as helpful as you are willing to be honest and vulnerable. This takes time, so be patient.

1. Have you been a verbal testimony this week to the supremacy of the Lord Jesus Christ? Has your speech honored God this week?
2. Have you been in a compromising situation with a member of the opposite sex any where this past week, or exposed yourself to sexually explicit material?
3. Have you lacked any integrity in your financial dealings? Have you spent money recklessly?
4. Have you given priority time to your family? Have you honored your wife and children? (If single: have you honored your friends and parents?)
5. Have you damaged another person by your words, either behind their back or face to face?
6. Have you succumbed to a personal addiction? Explain:
7. Have you continued to remain angry, bitter or hold a grudge toward someone?
8. Have you secretly wished for another's misfortune so that you might excel or wished another ill?
9. Accountability question of your choice:
10. Have you just lied to me/us?

"Therefore, confess your sins to one another, and pray for one another, so that you may be healed." James 5:16

WOMEN'S ACCOUNTABILITY QUESTIONS FOR PERSONAL INTEGRITY

These *Accountability Questions* are to be asked of one another in a weekly meeting of accountability which values honesty, confidentiality and integrity (Prov 27:17; James 5:16; Gal 6:1-5). These questions are only as helpful as you are willing to be honest and vulnerable. Your weekly meeting must be a safe place for sharing.

1. Have you been a verbal testimony this week to the supremacy of the Lord Jesus Christ? Has your speech honored God this week?
2. Have you been in a compromising situation with a member of the opposite sex any where this past week, fantasized a romantic relationship or read or seen any sexually alluring material?
3. Have you lacked any integrity in your financial dealings? Have you spent money recklessly?
4. Have you given priority time to your family? Have you honored your husband and children? (If single: have you honored your friends and parents?)
5. Have you damaged another person by your words, either behind their back or face to face?
6. Have you succumbed to a personal addiction? Explain:
7. Have you continued to remain angry, bitter or hold a grudge toward someone?
8. Have you secretly wished for another's misfortune so that you might excel or wished another ill?
9. Accountability question of your choice:
10. Have you been completely truthful with me/us?

"Therefore, confess your sins to one another, and pray for one another, so that you may be healed." James 5:16