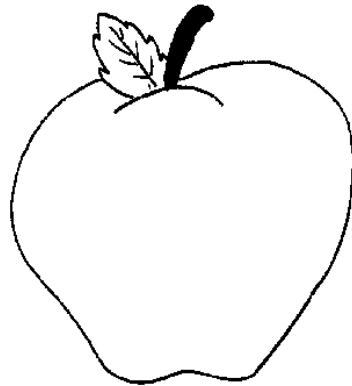
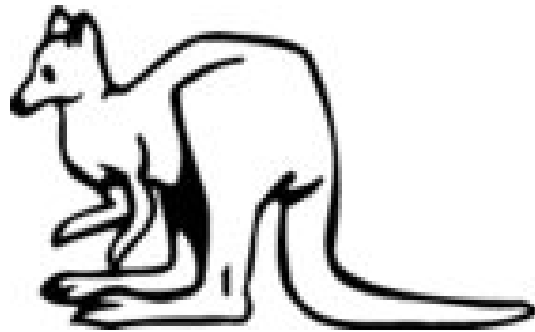
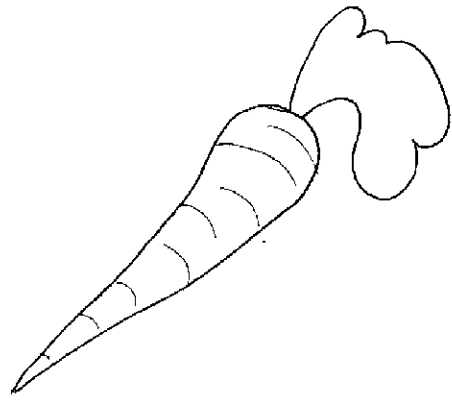
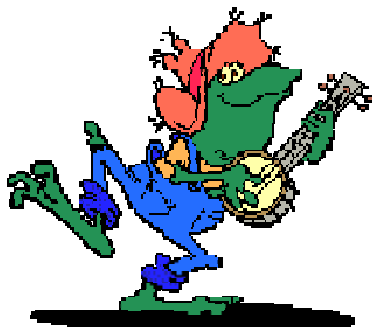


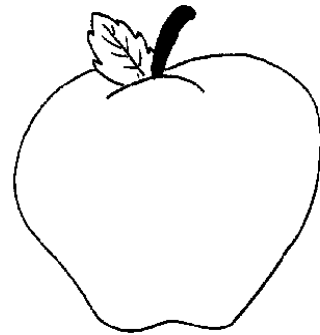


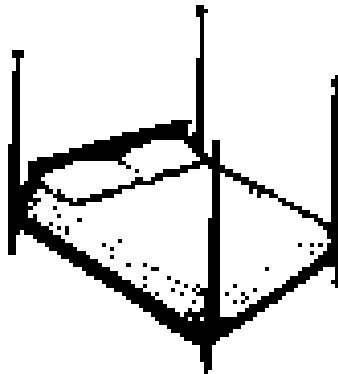
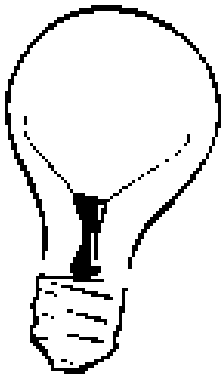
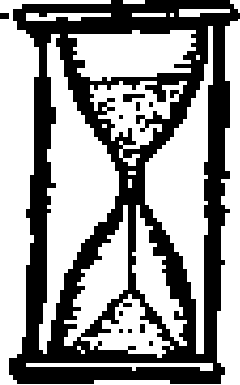
RUNNING WITH **GIANTS**

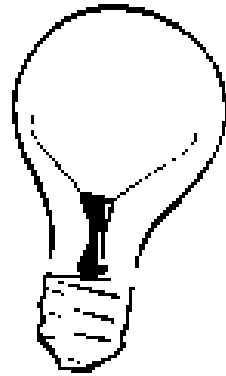
Nehemiah: Have You Learned to Say “No”

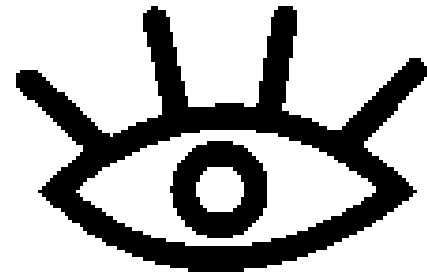
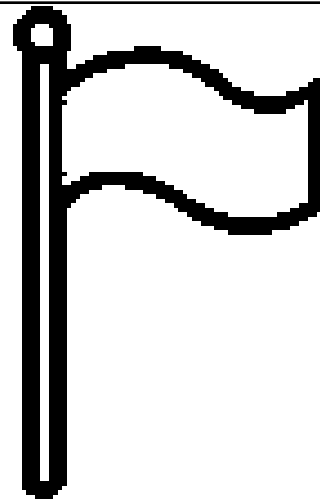
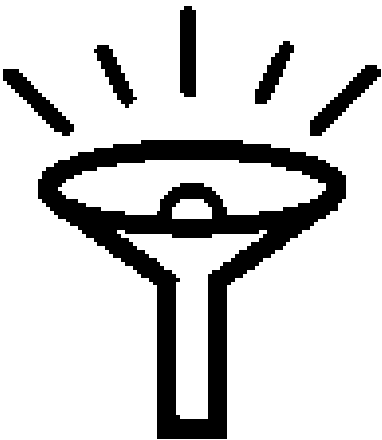
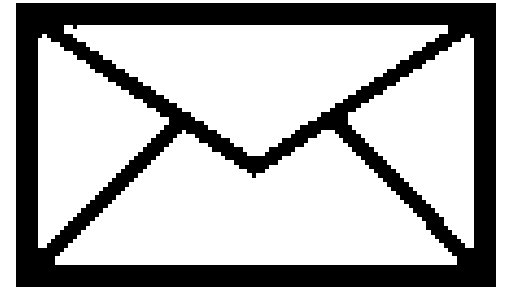
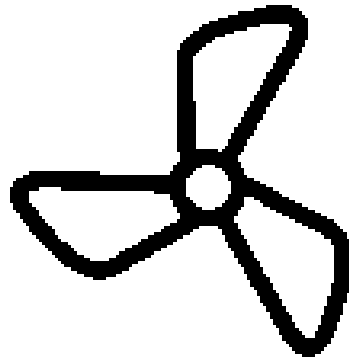
Ed Riddick, March 26th, 2006













Introduction

Nehemiah 6:1-4 "Now when Sanballat and Tobiah and Geshem the Arab and the rest of our enemies heard that I had built the wall and that there was no breach left in it (although up to that time I had not set up the doors in the gates), "Sanballat and Geshem sent to me, saying, "Come and let us meet together at Hakkephirim in the plain of Ono." But they intended to do me harm. "And I sent messengers to them, saying, "I am doing a great work and I cannot come down. Why should the work stop while I leave it and come down to you?" "And they sent to me four times in this way, and I answered them in the same manner." ESV

Nehemiah: Have You Learned to Say “No”

- I. Distraction**
 - A. Four Times**
 - B. Controllers don't respect boundaries**
 - C. Compliant say “yes” when they should say “no”**



Why people can't say "no"

- **Fear the lose of love**
- **Fear abandonment and loneliness**
- **Fear of someone's anger.**
- **Fear of hurting the other person's feelings.**
- **Fear of being rejected**
- **Fear of letting someone down.**
- **Fear of being seen as bad or losing the 'good me' feeling**
- **Fear of being alone.**
- **Fear of failure.**
- **Guilt**



II. Intimidate

A. Aggressive Controllers

B. Manipulative Controllers



III. Spiritualized Compromise



Learn how to say “no”

- 1. 6:3, Decide what is important**
- 2. 1 Peter 4:1 Be prepared to suffer**
- 3. 6:6, Know the truth**
- 4. 6:9 Live in dependence on the Lord**
- 5. 6:11 Know who you are**
- 6. 6:12, Set limits on what you will and won't do.**
- 7. Depend on the support of others**





RUNNING WITH **GIANTS**

Nehemiah: Have You Learned to Say “No”

Ed Riddick, March 26th, 2006

